

# GHANA OLYMPIC NEWS

MAGAZINE  
SEPTEMBER, 2025



## GOC PAYS TRIBUTE TO FALLEN HEROES

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# MASSIVE TURNOUT! FOR OLYMPIC DAY FIESTA



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ABENA KOLI  
Qualities

# GHANA'S 1ST FEMALE OLYMPIAN

## ALICE ANNUM – THE ORIGINAL BABY JET



The Baby Jet finishing first in a race

By Sammy Heywood Okine

Alice Annum became Ghana's first female Olympian when she took part in the 1964 Olympic Games in Tokyo, Japan.

However, she rose to fame and acquired the nickname, "Baby Jet" after winning two silver medals in the 100m and 200m sprint races at the 1970 Commonwealth Games in Edinburgh, Scotland.

"It was Queen Elizabeth who handed out our medals. After we finished, her husband (Prince Philip) asked me, 'How can you run so fast?' The only thing I remember telling him was, 'I don't know!'" she said in an interview.

On her return to Ghana after the Commonwealth Games, "They (Ghanaians) were calling me 'Flying Queen', all sorts of names... but then when 'Baby Jet' came in, it stuck."

Alice maintained the nickname "Baby Jet" for decades, until former Black Stars captain Asamoah Gyan adopted it. "Ghana has maybe forgotten about me but I don't feel bad," she said.

In an interview with this reporter at the University of Ghana Sports Stadium during the 13th African Games where she presented medals to some deserving winners, the legendary sprinter said old sportsmen and women who put Ghana on the world map in sports deserve recognition. Building statues of retired athletes, naming sports facilities after them or inscribing their names and images younger generation of athletes, she said.

"The Bukom Boxing Arena in Accra has stands named after former world champions. Why can't the same happen to other athletes?"

on the walls of new sports facilities would inspire the She called for more Athletics clubs in and around Legon to make good use of the sports facilities at the new stadium. Alice won gold in Long Jump at the 1965 All African Games in Congo Brazzaville and gold in 100 and 200 meters at the 1973 All African Games in Lagos, Nigeria, competed in the Commonwealth Games in 1970 in Edinburgh, Scotland, winning silver in 100 and 200 meters and the 1974 edition in Christchurch, New Zealand, where she got bronze in 200 meters.

She participated in the 1964 Olympic Games in Tokyo, 1968 in Mexico and 1972 in Munich.

She benefited from the sponsorship of Ghanaian athletes by the United States and competed for the University of Tennessee.



Alice Annum with other medallists at the 1970 Commonwealth Games

# IOC CREATES NEW WORKING GROUPS

**F**our new working groups that will look at the Youth Olympic Games, the Olympic programme, protecting the female category, and commercial partnerships been created by International Olympic Committee (IOC) President Kirsty Coventry.

These groups are part of the “Fit For The Future” process, and follow the consultation with the IOC members in June and consultations with the IOC’s honorary and honour members over the summer.

Making the announcement, the IOC president said, “As part of our ‘Fit For The Future’ process, I had announced that we would immediately begin the process of forming key working groups. The groups announced today are the start of that process. They will allow us to meet deadlines, and bring important technical expertise to these complex and important discussions, while realigning where we feel that it is necessary to strengthen our Movement”

She continued: “The ‘Fit For The Future’ consultations with stakeholders are ongoing, and these groups will receive constant feedback to make sure that everybody is fully aligned and that all recommendations are fully integrated.” In order to review the selection process of Olympic hosts, the Future Host Commission for the Games of the Olympiad will now focus solely on this topic. Therefore, the IOC President has created a new working group to focus on the Youth Olympic Games (YOG) only.

The YOG Working Group will look at the potential and relevance of the YOG. It will also take over the process for selecting the host for the 2030 YOG. This will allow for all recommendations to be fully integrated into the selection process. This working group will be chaired by IOC member Danka Hrbeková.

The Olympic Programme Working Group will focus on the sports programme. It will look to find a balance between the size of the Games, the relevance of the sports and disciplines, the integration of new sports and disciplines, and, potentially, identifying ways for sports to be added to or removed from the programme through a clear and transparent process. It will also consider the suggestion that traditional summer or winter sports could cross over, the timing of the Games, and the sports calendar. It will be chaired by IOC member Karl Stoss.

The Protection of the Female Category Working Group will look at how we can best protect the female category. The group will consist of experts and IFs. The names of the members of the working group will remain confidential for now to protect the integrity of the group and their work.

The Commercial Partnerships and Marketing Working Group will look at the IOC’s existing programmes, platforms and systems, how it engages with partners, and how it can evolve and ensure that it is fit for today’s competitive

market. The Working Group will study other organisations’ business models and how they are using new platforms, and what potential the IOC might have to adapt. It will also explore how the capabilities of Olympic Broadcasting Services (OBS) and Olympic Channel Services (OCS) can be further leveraged to create future revenue generation. It will be chaired by IOC member Luis Alberto Moreno.

The working groups will also be able to invite relevant experts to join their discussions as they move through this process.

Source: Olympics.com



Mohammed Muniru Kassim of GOC with the IOC President Kirsty Coventry at the 2025 World Aquatic Championships in Singapore

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# MAHAMA ON THE BALL



President Mahama about to perform the kick-off

By Richard Achore

The assertion that Ghana abounds in football talents is undeniable, and President John Dramani Mahama's recent display of skills is a manifestation of that belief.

The occasion was the 2025 Democracy Cup held on 5th September 2025 and the venue, the University of Ghana Stadium, where he performed the kick-off.

President Mahama's participation in the ceremony highlights the unifying power of sports, bringing people together across different backgrounds and fostering a sense of national pride.

Accra Hearts of Oak edged out city rivals Great Olympics in a tense derby to win the cup.

Speaker of Parliament Alban Bagbin, flanked by Ga Mantse Tackie Teiko Tsuru II, presented the trophy to the Phobian Boys after the match.



The First Gentleman of the land displaying his skills to the amazement of dignitaries and footballers



# EDITORIAL

## ATHLETES NEED CORPORATE SUPPORT TO FLOURISH

Elsewhere in this publication, we reported a story of Abena Koli, a 17-year-old shooting prodigy, who is on a mission to make history as Ghana's first Olympic shooter. However, she cannot reach her goal without corporate backing.

Indeed, countless Ghanaian athletes have in the past shown potential for greatness, only for them to fizzle out after a few years, due to lack of support. Many of these athletes end up being impoverished, which is demotivating to others who wish to take those career paths.

Ghanaians want their athletes to perform on the world stage, but corporate Ghana is not willing to invest in these athletes. Kenyan, Ugandan and South African athletes are

performing on the world stage because corporate bodies in these countries are investing in athletes and sports.

It is in this spirit that Section 100(2)(d) of the Income Tax Act, 2015 ((Act 896) provides tax reliefs for companies that sponsor sports-related ventures. In fact corporate bodies who sponsor sports activities lose nothing in doing so, as the tax reliefs provide full cover.

Consequently, the Ghana Olympic News is calling on corporate bodies to support Abena Koli to make it to the next Olympics, LA 2028.

# PICTURES FROM ANOCA SCHOOL GAMES



# SPORTS MINISTER FLIES TEAM GHANA TO ALGERIA

## ...For ANOCA SCHOOL GAMES

The Ghana Olympic Committee has expressed its appreciation to the Minister of Sports and Recreation, Honourable Kofi Adams following his ministry's support for the ANOCA School Games in Algeria from July 26 to August 5, 2025.

In a letter dated 8th September 2025, and signed by its Secretary General Mohammed Muniru Kassim, the GOC said, "Your unwavering commitment and support, including the purchase of flight tickets for the entire contingent of 41 athletes, 14 officials and eight (8) senior officers, played a significant role in ensuring Ghana's participation," adding that Ghana was able to secure 14 medals, placing 10th out of 54 countries.

"Indeed the backing of your office inspired our team to pursue excellence in far away Algeria.

"Our achievements at the Games are a testament to the hard work and dedication of our athletes, coaches, and support staff, made possible through the guidance and support from the Ministry of Sports and Recreation," it concluded .



Hon. Kofi Adams



# GOC PAYS TRIBUTE TO FALLEN HEROES

By Gabriel Obu

The Ghana Olympic Committee (GOC) Board has laid wreaths at the Jubilee House to honor the memory of their compatriots who tragically lost their lives in an incident at Adansi in the Ashanti Region on August 6, 2025.

The wreaths were laid on behalf of the GOC, the Commonwealth Games Association of Ghana, and the entire sporting fraternity.

The GOC president, Richard Akpokavie remarked that “the Ghana Olympic Committee, representing all national federations, athletes, coaches, and officials in sports, has come to pay tribute to these gallant men who died in the service of our country.”

He revealed that the late Hon. Omane Boamah was scheduled as a baton bearer for this year’s King’s Baton Relay, which was put on hold because of the tragic incident.

He added, “We remember them for their service to the nation, and it’s fitting that we come here to pay our respects.

“As sports people, we believe in sacrifice for our country, and we are committed to instilling this value in our athletes, officials, and coaches. May God remember them for their service and rest their souls in peace,” he concluded.

The ceremony was attended by top officials of the GOC, including President Richard Akpokavie, 1st Vice President Mawuko Afadzinu, 2nd Vice President Frederick Otu Lartey, Secretary-General Mohammed Muniru Kassim, Deputy Secretary-General Bawah Fuseini, and board members Rafatu Inusah, Delphina Quaye, George Lamptey, George Tettey, Kamal Sulley, Richmond Quarcoo, and Nathaniel Johnson.

Other notable attendees were former GOC president Professor Francis Doodoo, GOC Communications Director Charles Osei Asibey, and Christopher Essilfie, President for Modern Pentathlon.



# GHANA MOURNS



Mr Akpokavie addressing the media after the wreath-laying. Below- The GOC Board in a picture



# CYCLING PRESIDENT INSTALLED CHIEF

A News Desk Report

President of the Ghana Cycling Federation, Mohammed Sahnoun has been installed the Gwantua Hene of Agona Asafo under the stool name, Nana Kwesi Tenkorang II.

He was out-doored at an impressive ceremony on 6th September 2025 at the Agona Asafo Presby Park in the Central Region.

Mr Sahnoun, a legal practitioner, comes from the Aduana Abrade family of the Akwamu Kingdom, which in times past controlled a vast territory that stretched to Benin, influencing other states including the Ashanti Empire.

Nana Kwesi Tenkorang II, the Secretary-General of Ghana Olympic Committee (GOC) between 2021 and April 2025, received his secondary education at Swedru Secondary School, and Accra Academy. He proceeded to the University of Ghana for his Bachelor of Laws (LLB) and thereafter, the Ghana School of Law, following which he was called to the Bar in 1987.

The outdoor ceremony was attended by lawyers, judges, sports administrators including GOC Board members, and residents of Agona Asafo and its environs.

Also present was the Nungua Mantse, King Odaifio Welen-tsi, who is also president of the Greater Accra Regional House of Chiefs.

The ceremony was presided over by Nana Yamfo Asuako XII, the Omanhene of Agona Asafo.

Nana Kwesi Tenkorang II, current chairman of the Legal Sub-Committee of the GOC, is the second chief associated with the Olympic Movement in Ghana after Nana Adu Mankattah II, president of National Sports for All.



Nana Kwesi Tenkorang II on a palanquin



Members of the GOC at the ceremony (left) and Nana Kwesi Tenkorang II sitting in state (right)

# BOWLS FEDERATION LAUNCHED

By Sammy Heywood Okine

A new sports federation, Ghana Bowls, has been launched at the Media Centre of the Accra Sports Stadium.

The launch was witnessed by the World Bowls president Brett O'Riley, who was accompanied by Sue Beatt, chairperson of Scottish Sports Association, James Owen, World Para Bowls President, and David Hamer, Bowls South Africa president.

Introducing the sport, Brett O'Riley said it started in Egypt 5,000 years ago, because it has health benefits such as muscle-strengthening, cognitive, mental, and social benefits.

Director-General of the National Sports Authority (NSA), Yaw Ampofo-Ankrah urged Ghanaians, especially the youth, to take up Bowls, as it can easily propel them to international stardom.

He was glad Ghana is leading the sport in West Africa, stressing that it can create employment and be played in schools and colleges.

Hon Alfred Kotey Ashie, Member of Parliament for Ododiodoo, Archibald Darku Boateng of El-Sayus Company and some Asafoanyemei from the Ga Traditional Area, took part in the demonstration of the sport.

Charles Amofa, public relations officer of the NSA, who is also president of Ghana Bowls, thanked the delegation for coming to demonstrate the sport.

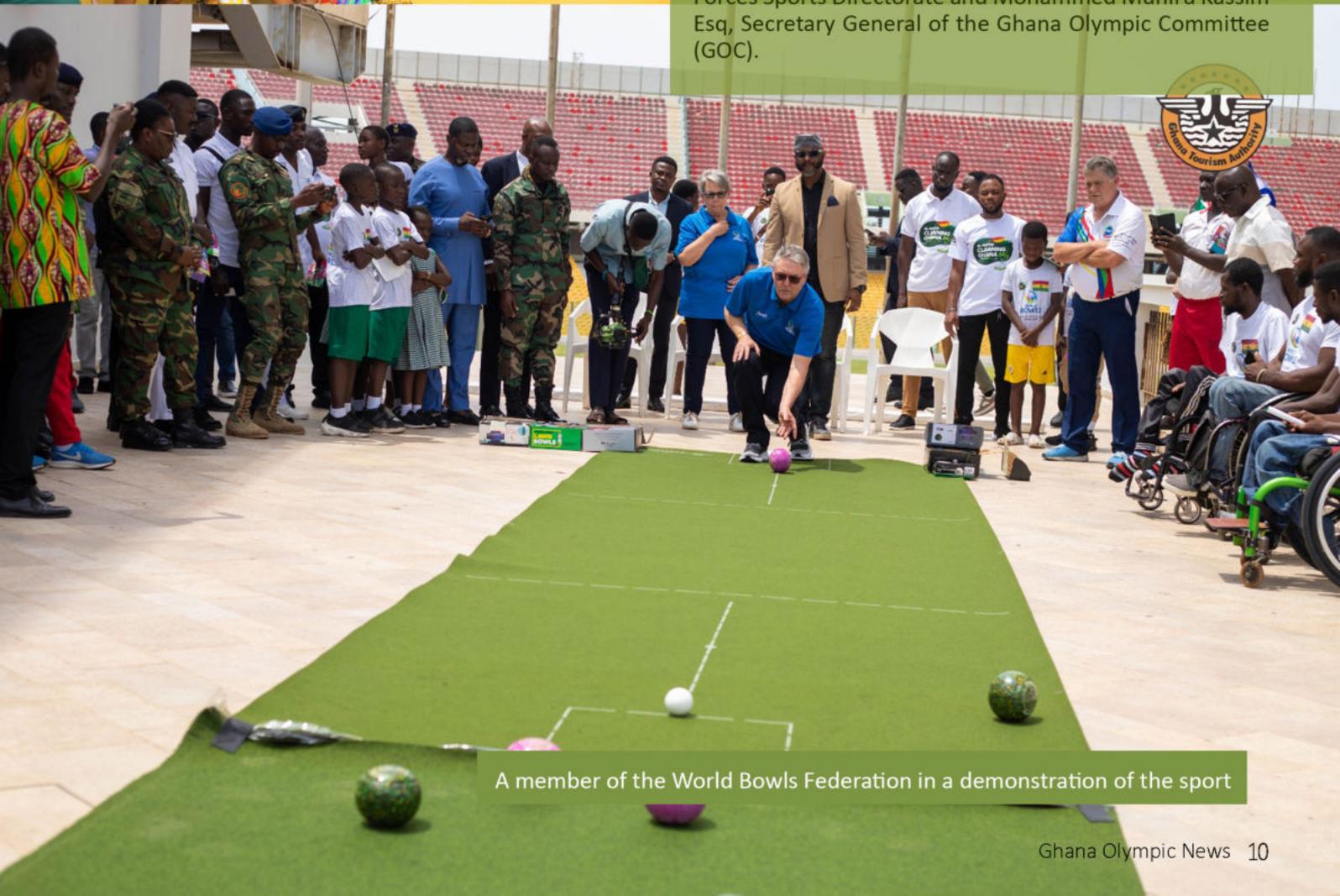
Present at the launch were United Arab Emirates (UAE) Ambassador to Ghana, H.E. Dr. Abdullah Murad Sulaiman Mohammed Almandoo, Bright Asempa of the Ghana Tourism Authority, Col Richard Akoto of the Ghana Armed Forces Sports Directorate and Mohammed Muniru Kassim Esq, Secretary General of the Ghana Olympic Committee (GOC).



National Sports Authority Boss Yaw Ampofo Ankrah addressing the gathering



Queenmothers of the Ga State were present at the event



A member of the World Bowls Federation in a demonstration of the sport

# GOC APPOINTS CHEFS DE MISSION FOR 5 GAMES

A Ghana Olympic News Report

The Ghana Olympic Committee (GOC) has appointed Chefs de Mission for five (5) Games scheduled for 2025 and 2026.

They are Michael Ntow Ayeh (ANOCA School Games 2025); Bawah Fousseini (Africa Youth Games 2025); Mohammed Mahadi (Milano Cortina 2026); Ernest Danso (Commonwealth Games 2026); and Evans Yeboah (Youth Olympics 2026).

The appointments were made at the June 12, 2025 Board meeting of the GOC, during which five (5) distinguished sports administrators were selected to lead Team Ghana in the respective Games.

Shedding light on the appointments, the 2nd vice president of the GOC, Frederick Lartey Otu said the selection was based on the experience and organizational abilities of the appointees.

“The role of the Chef de Mission is basically to lead athletes, coaches, team members and dignitaries to the Games. The appointed CDMs are expected to execute all tasks leading to Team Ghana’s successful participation in the various Games.”

According to Mr. Otu, who is also the president of Ghana Taekwondo Association, “the job is primarily a voluntary one and at the end of each of the Games, they are to submit a report each to the GOC.”

He congratulated the appointees, and warned them against the tendency to take undeserving cohorts to the Games.

Meanwhile, Michael Ntow Ayeh, has successfully carried out his task by leading Team Ghana to the ANOCA School Games in Algiers from 26th July to 5th August 2025, where the country performed creditably, after earning 14 medals and placing 10th on the medal table out of 54 countries.

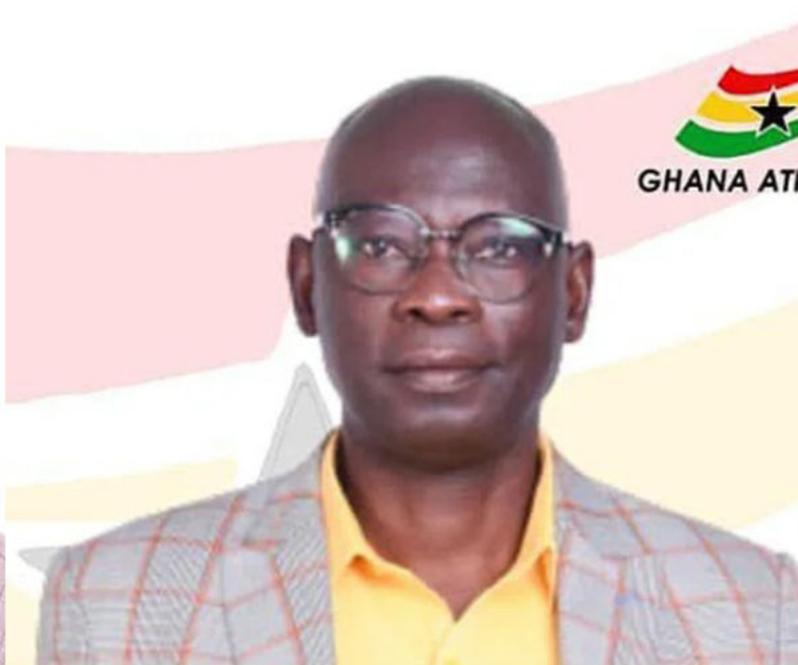


Frederick Lartey Otu, 2nd Vice President of GOC





Michael Ntow Ayeh -CDM for 2025 ANOCA School Games



Fuseini Bawah- CDM for 2025 Africa Youth Games



Mohammed Mahadi- CDM for 2026 Winter Olympics



Ernest Danso - CDM for 2026 Commonwealth Games



Evans Yeboah - CDM for 2026 Youth Olympics



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# NUBIA SETS NEW 50M BUTTE RECORD

UK-based Ghanaian swimmer Nubia Adjei has made history at the World Aquatics 2025 Swimming Championships in Singapore by smashing the national record in the women's 50-meter butterfly, clocking an impressive time of 28.82 seconds.

The remarkable performance was achieved during Heat 4 of the Event, surpassing the previous record of 29.14 seconds, set by Joselle Mensah.

The 28.82 seconds she recorded stands as a new national benchmark, raising the standard for Ghanaian swimmers in international competitions.

Nubia Adjei, already the national record holder in 100m backstroke, showcased her versatility and prowess in the pool with another record.



## GHANA TO HOST AFRICA AQUATICS ZONE 2 CHAMPIONSHIPS

By Sammy Heywood Okine

Ghana has officially inaugurated the Local Organising Committee (LOC) for the upcoming Zone 2 Junior and Senior Swimming Championships, set to take place at the Borteyman Sports Complex in Accra from October 3 to 5, 2025. The event will bring together elite swimmers from across West and Central Africa, as Ghana continues to position itself as a key hub for aquatic sports development in the sub-region.

The seven-member LOC is chaired by Dr. Frederick Boamah, with Seth Nti serving as Secretary. Other members are Ayishatu Farida Idriss, Mohammed Aputeog, Hubert Leo Mensah, Elizabeth Addae, and Aba Katu.

Speaking at the inauguration, LOC Chair, Dr. Boamah said: "It is an honour to accept this responsibility on my behalf and on behalf of my other Committee members.

"To be asked to lead is to be asked to serve and we are very much aware of the responsibilities that have been entrusted to us. We pledge to do our best."

The championships are expected to serve as both a high-level competition and a developmental platform for junior and senior swimmers across Zone 2.

It will also allow Ghana to showcase its growing capacity to host international sports events.



# GHANA SPORTS MUST EMBRACE EXCELLENCE

By Richard Achore

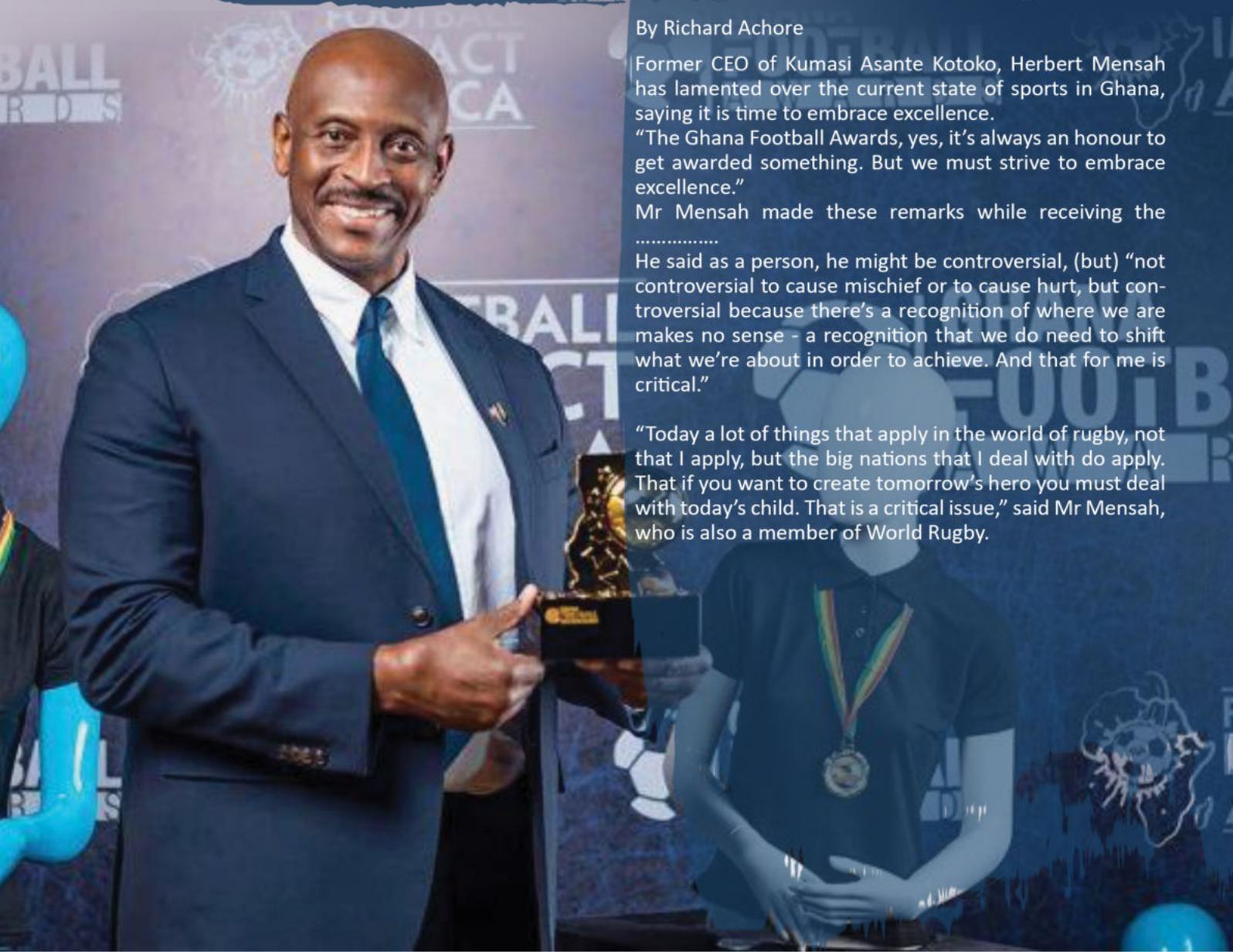
Former CEO of Kumasi Asante Kotoko, Herbert Mensah has lamented over the current state of sports in Ghana, saying it is time to embrace excellence.

“The Ghana Football Awards, yes, it’s always an honour to get awarded something. But we must strive to embrace excellence.”

Mr Mensah made these remarks while receiving the .....

He said as a person, he might be controversial, (but) “not controversial to cause mischief or to cause hurt, but controversial because there’s a recognition of where we are makes no sense - a recognition that we do need to shift what we’re about in order to achieve. And that for me is critical.”

“Today a lot of things that apply in the world of rugby, not that I apply, but the big nations that I deal with do apply. That if you want to create tomorrow’s hero you must deal with today’s child. That is a critical issue,” said Mr Mensah, who is also a member of World Rugby.



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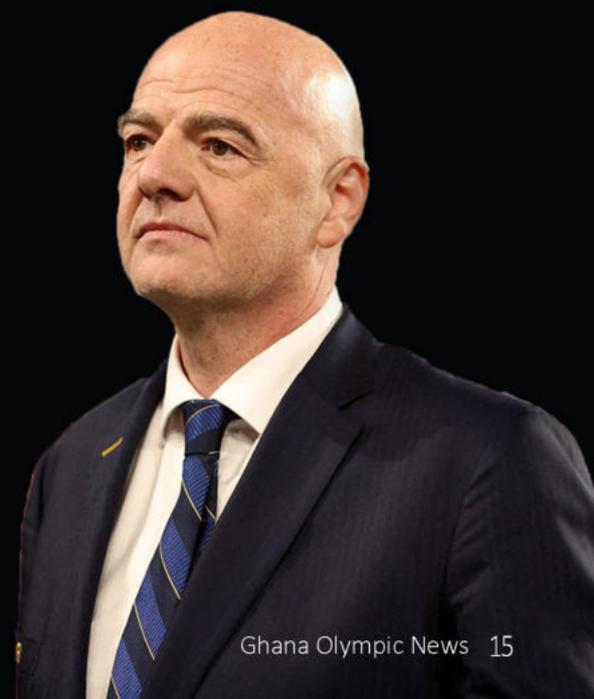
# FIFA PREZ CONDEMNS SEMENYO RACIST ATTACK



FIFA President Gianni Infantino has strongly condemned the racist abuse directed at AFC Bournemouth and Ghana forward Antoine Semenyo during a Premier League clash against Liverpool at Anfield. The incident, which caused a stoppage in the game, has sparked widespread outrage across the football community.

“Football has no place for racism or any form of discrimination – Antoine’s courage and performance on the pitch, despite such adversity, is a powerful example of strength and dignity for players worldwide,” the FIFA Boss said.

“Everyone at FIFA, The Players’ Voice Panel and the whole football community stands firmly with Antoine and we will continue to offer our unequivocal support to him, Bournemouth, the Premier League and The FA to ensure strong deterrents are in place, and actions taken, to eradicate racism and discrimination from our game,” he concluded.





# ATHLETICS TEAM SHINE AT CAA REGION II SENIORS

By Richard Achore

The curtains fell on the 2025 CAA Region II Seniors Athletics Championship on Tuesday August 19, 2025 at the University of Ghana Sports Stadium, with host nation Ghana producing moments of brilliance despite finishing fourth overall.

Nigeria topped the table, showcasing their dominance once again in regional athletics.

The two-day competition brought together athletes from 13 countries across West Africa and was widely hailed as a resounding success.

Fans witnessed thrilling contests, personal bests, and even a few history-making performances.

One of Ghana's biggest highlights came from Rexford Bugase of the Armed Forces, who wrote his name in the record books by clinching the country's first-ever gold medal in the men's discus throw with a distance of 51 metres.

His triumph was followed by another golden moment as Mamudu Seidu Baba stormed to victory in the men's 400m hurdles. In the high jump, Kelvin Adum soared to 2.10 metres to secure yet another gold for Ghana, while Edwin

Gadayi clocked 21.14 seconds to claim silver in the men's 200m final.

In the overall standings, Nigeria reigned supreme with 25 medals: 15 gold, 8 silver, and 2 bronze.

Burkina Faso finished second with 21 medals (7 gold, 10 silver, 4 bronze), while Benin claimed third with 6 gold, 3 silver, and 7 bronze.

Ghana placed fourth, earning a respectable 23 medals in total: 3 gold, 11 silver, and 9 bronze.

The championship not only celebrated medals but also showcased growth in the region's athletics, with several athletes smashing personal bests and breaking national records.

Speaking after the event, Ghana Athletics Association president Bawa Fuseini praised the successful hosting of the championship but admitted that Ghana's modest three-gold haul should be a wake-up call for the nation to step up its game.

# BASEBALL PRESIDENT EYES 2028 OLYMPICS

By Sammy Heywood Okine

President of Ghana Baseball, Ernest Danso, believes his federation can qualify for the next Olympic Games in Los Angeles, USA.

Speaking to the media at the launch of the first Major League in Ghana involving four (4) clubs, he expressed his joy over the interest shown by the youth and noted that Baseball has a future in Ghana.

He hinted that plans are in the pipeline to establish a Baseball Academy and an exchange programme to send best players to advanced Baseball nations like Japan and the United States to play with professionals.

He thanked the few companies that have come on board to support the League and urged others to join as Baseball is a sport of the future.

On his part, Albert Frimpong, president of African Baseball, disclosed that there is an African Championship coming up, urging Ghanaian players to train hard to reach that level and make Ghana proud.

President of Ghana Olympic Committee (GOC), Richard Akpokavie, who graced the launch at the Koshen Park inside Labone Senior High School with some of his board members, advised the youth to take sports seriously because of the many opportunities it offers.

He cautioned the baseball players to be disciplined, obedient to coaches and other officials and aspire to be great international stars.

Among the clubs competing in the Baseball League are Labone Dodgers, Tema Giants, and Shai Osu Doku Hawks.



Ernest Danso



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Ayitey Powers

# 'LET US RESPECT BOXERS'

By Sammy Heywood Okine

Michael Nii Ayitey Okine popularly known as 'Ayitey Powers' has called on Ghanaians to respect boxing.

"Through boxing I have been to many places around the world and people respect me a lot," he said in an exclusive interview.

According to Powers, who is also president of the Voice of Ghana Professional Boxers Association, he started as an amateur and moved from national to international.

"I want to give back to society and the sport that made me great; that's why I'm into promotion, but it's not easy. So I appeal to companies to sponsor and support us because boxing is big entertainment and business. I lost big in my first two promotions but I am not deterred," he said.

According to him, he was beaten mercilessly on his first day at the Wisdom Boxing Gym under Coach Dr. Asare, but he decided to stay on with the inspiration of Stoner Jones and Ablor Sowah and subsequently qualified to join the Black Bombers team before turning professional.

He won his first bout against Joshua Okine and that motivated him to do 48 fights, winning 22 before retiring.

## KEN ARTHUR ELECTED JUDO PRESIDENT

By Sammy Heywood Okine

The Ghana Judo Association has held a successful 2025 Congress at the Media Center of the Accra Sports Stadium to elect a new executive into office for the next for years (2025 to 2029).

Mr. Kenneth Arthur was elected unopposed as president, Mavis Abbey got the vice president position, while Kojo Twum Baah secured the Treasurer slot.

Kwesi Adu Apau was elected General Secretary, while E. Ofei Doodoo and Paa Kofi Ewool got elected as Executive Members.

Present to supervise the election was president of the Ghana Olympic Committee (GOC), Richard Akpokavie and Board Member Nana Adu Mankatta.

The GOC president advised the newly elected executives to focus on athlete development.

"In sports administration and management, it is the athletes that matter and everything possible must be done to make the players comfortable so that they can perform," he said.



Mr Ken Arthur (extreme left) being sworn into office with other executives



Mawuko Afadzinu, 1st Vice President of GOC

## OLYMPIC COMMITTEE FLOATS ITS CALENDAR OF GAMES

A Ghana Olympic News Report

The Ghana Olympic Committee (GOC) has shared its calendar of games to the various federations in the country.

Key among the games are the Commonwealth Games in Glasgow, Scotland, the Youth Olympics in Dakar, the African Games in Cairo Senegal and the Olympic Games in Los Angeles, USA.

EVENT	LOCATION	DATE
1. ANOCA School Games	Algiers/Algeria	July 26 – August 5, 2025
2. ANOCA Zone 3 Games	Ouagadougou/Burkina	27th Sept. – 3rd Oct. 2025
3. African Youth Games	Luanda/Angola	10 – 20th December 2025
4. Winter Olympic Games	Milan Cortina/Italy	6- 22th February 2026
5. Commonwealth Games	Glasgow/Scotland	July 23 – August 3, 2026
6. Youth Olympic Games	Dakar/Senegal	Oct 30 – Nov 13, 2026
7. African Games	Cairo/Egypt	20th Jan- 7th Feb. 2027
8. ANOCA School Games	Abuja/Nigeria	2027
9. Commonwealth Youth Games	Malta	2027
10. Olympic Games	Los Angeles/USA	2028

# MASSIVE TURNOUT FOR OLYMPIC DAY FIESTA

By Gabriel Obu

The Ghana Olympic Committee (GOC) commemorated this year's Olympic Day on Saturday June 21, 2025, in Accra, with hundreds of participants in attendance.

The Olympic Day is a vibrant celebration of sports, unity and excellence.

GOC Board members, sports administrators, corporate Ghana, students and a cross-section of Ghanaians, converged on the Kwame Nkrumah Mausoleum as early as 6:00am for the event.

Amidst brass band music, they walked through some principal streets of Accra and ended with a series of aerobics at the Accra Sports Stadium.

The theme for this year's celebration was "Move, Learn, and Discover".

According to the GOC president, Richard Akpokavie, the event is aimed at promoting physical activity, sports development and unity among Ghanaians.

"We want you to see the various sports so that if you are interested, you can think about what you want to do to be part of that sport," he explained.

Mr Akpokavie emphasised the importance of physical activity, citing the World Health Organisation's finding that one in every four persons on earth is inactive.

"We want you to do physical activity. It will make you healthier. And so, it's important that you move," he said.

The GOC president also highlighted the core values of Olympism, which are excellence, respect, and friendship, saying, "excellence, because you must be the best of the best; respect, because you must respect yourself and res

pect your neighbour or fellow athlete; friendship, because we are all a big family, no discrimination".

Director-General of the National Sports Authority, Yaw Ampofo-Ankrah, emphasised the importance of unity and solidarity in sports.

"Regardless of your age, your status, or your background, we are all one. We're here for unity. It's very important," Mr Ampofo-Ankrah said.

A board member of the GOC, Nathaniel Johnson, expressed his delight at the revival of the Olympic Day celebrations.

"The Olympic Day is a big day for all of us, in fact the whole world," he said.

"I am seeing a big change in the sports fraternity in Ghana now, with a new Olympic board; I think that things are changing."

Mr. Johnson added that he sees a bright future ahead for sports in Ghana, with the new Olympic board leading the way.

"You know, we've gone around a few places, and for me, I see light at the end of the tunnel," he disclosed.

The event featured a range of activities, including walks, aerobics, quizzes, and demonstration of 21 sporting disciplines.

The celebration was a resounding success, promoting the values of Olympism and inspiring a new generation of athletes and sports enthusiasts.



Participants taking a moment to snap photos at the Osu Castle enroute to the Accra Stadium



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# GHANA U-12 RUGBY WIN INTERNATIONAL TOURNEY IN ABIDJAN

By Achore Richard

In a thrilling finale, Ghana's U12 rugby team emerged victorious in the Marie Kore International Tournament, held at the Technical High School in Abidjan.

The tournament, which aimed to promote rugby among youth and provide a platform for young players to showcase their skills, featured national teams from Ivory Coast, Mali, Burkina Faso, Ghana, Guinea, and Togo.

Ghana's journey to the championship was marked by impressive performances, with the team winning three games on the first day.

Although they lost two games on the second morning, their overall points tally earned them a spot in the final against Ivory Coast, who topped the group stage. The final match was a closely contested affair, with Ghana ultimately emerging victorious with a convincing 10-5 win over the host nation.

This victory marked a significant achievement for Ghana's young rugby players, who demonstrated impressive skills and teamwork throughout the tournament.

The Marie Kore International Tournament is a joint effort by the Ivorian Rugby Federation, Rugby Africa, World Rugby, and the Ministry of Sports and Living Environment, aiming to promote rugby among youth and celebrate African unity.



The team members displaying their medals alongside their officials

# FIRST-EVER BOWLS COMPETITION ENDS IN ACCRA



Yaw Ampofo Ankrah presenting a cup to a winner

By Richard Achore

The inaugural Bowls sports competition in Ghana and West Africa came to a thrilling close at the Ghana Armed Forces Sports Complex in Accra on Wednesday August 20, 2025. The two-day event, organized by the Ghana Bowls Federation and the Armed Forces Sports Directorate, brought together security bowlers in a spectacular display of skill, teamwork and sportsmanship.

In his closing remarks, National Sports Authority boss Yaw Ampofo Ankrah expressed delight at the massive interest generated by the competition. "This is the first time we're having Bowls competition in Ghana, and it's remarkable," he said.

Mr. Ankrah praised the Ghana Bowls Federation, led by president Charles Obeng Amofah, for putting together a successful event.

The competition showcased a mix of experienced players and young talents, making the NSA boss express optimism about the future of the sport in Ghana. "We're looking forward to seeing new and international games soon, maybe the Commonwealth Games, or even the Olympic Games," he said.

Mr. Ankrah appealed to corporate bodies in Ghana to support the growth of the game, highlighting the potential for Bowls to become a major sport in the country. "Let's do well and support the growth of the game," he emphasized. The successful staging of the competition has set the stage for Bowls to become a regular feature in Ghanaian sports, with possibilities of inclusion in future Security Service Sports Association (SESSA) games.



# HEARTS LIFT HOMOWO PEACE CUP



By Richard Achore

Accra Hearts of Oak clinched the 2025 Gbese Mantse Homowo Peace Cup, with a 2-0 win over Kpando Heart of Lions at the Accra Sports Stadium.

Goals from Frank Duku in the 36th minute and Hamza Issah in the 40th minute sealed the win for the Phobian Club in the pre-season contest. The match kicked off with Ga Gbese Mantse Nii Ayi-Bonte II performing the ceremonial kickoff.





# **TOTTENHAM SIGN KUDUS IN £55M DEAL**

Tottenham Hotspur have completed the signing of Ghanaian international Mohammed Kudus from West Ham United in a £55 million deal.

The six-year deal makes the 24-year-old Ghana's most expensive footballer, keeping him at Spurs until 2031.

The dynamic midfielder made 65 Premier League appearances for West Ham, scoring 13 goals and registering nine assists since joining from Ajax in a £38m deal in 2023. His standout performances have made him one of the league's most exciting attacking midfielders.

Kudus reportedly turned down interest from at least six top European clubs, prioritising a move to North London after direct talks with Tottenham's sporting leadership.



# BLACK QUEENS WIN BRONZE AT WAFCON

By Richard Achore

Ghana secured the bronze medal at the 2024 Women's Africa Cup of Nations after defeating South Africa 4-3 on penalties following a 1-1 draw in regular time at Larbi Zaouli Stadium in Casablanca.

The match was a rematch of their group stage encounter, where South Africa had previously defeated Ghana 2-0. This time, however, the Black Queens managed to avenge that loss in a dramatic fashion.

South Africa took the lead just before half-time when Nonhlanhla Mthandi scored in the 45th minute. Ghana equalized in the 68th minute through an unfortunate own goal by South African goalkeeper Andile Dlamini.

With the scores level at 1-1 after full time, the match went straight to penalties. Black

Queens converted four of their five spot kicks through A. Kusi, J. Bonsu, J. Cudjoe, and N. Amoh, while C. Boye-Hlorkah missed her attempt.

South Africa managed three successful penalties from L. Motlhalo, B. Mbane, and J. Seoposenwe, but S. Holweni and H. Magaia failed to convert their spot kicks.

The victory recreated Ghana's bronze medal triumph over South Africa from the 2016 WAFCON in Yaoundé, where they also defeated Banyana Banyana 1-0 in the third-place match.

For Ghana's coach Kim Björkegren, who took over in February, this represents an important progress for a team that failed to qualify for the previous tournament. The Swedish tactician had noted before the



# 3RD PLACE

match that his team had improved significantly since their group stage loss to South Africa.

South Africa, the defending champions, were unable to secure back-to-back podium finishes despite dominating their earlier group stage meeting.

Coach Desiree Ellis had stressed the importance of finishing with a medal, particularly to honor injured teammate Gabriela Salga

do who suffered a severe leg injury in their semifinal loss to Nigeria.

The result tips the historical balance between these two fierce rivals in favor of Ghana, who now have five wins to South Africa's four in their eleven encounters, with two draws. Both teams had previously won four matches each against each other in a perfectly balanced rivalry before this bronze medal match.

# GOLDEN ARMS GARNER 55 MEDALS AT AFRICAN ARMWRESTLING CHAMPIONSHIPS

By Kwame Bediako

Ghana's Golden Arms once again demonstrated their dominance at the 14th African Armwrestling Championships in Abuja, Nigeria, delivering a stunning medal haul over just two days of fierce competition.

The Ghanaian team, defending champions from the previous edition, amassed a remarkable total of 55 medals, comprising 26 gold, 20 silver, and nine bronze, finishing third only behind Benin and host nation Nigeria. The event featured over 400 athletes from 20 African countries, showcasing Ghana's rising dominance in the sport.

Leading the charge for Ghana were stand-out athletes Grace Mintah, Mabel Yeboah, and Daniel Acquah, each clinching four gold medals apiece. Their outstanding performances underscored the strength and depth of the Ghanaian squad, drawing high praise from the Minister for Sports and Recreation, Hon. Kofi Iddie Adams.

"This success is not an isolated achieve-

ment. It reflects sustained grassroots development, disciplined athlete grooming, and purposeful partnerships between the public and private sectors. Armwrestling has become a true national pride," he said. The Abuja championships also served as a vital preparation for the upcoming African Games, where Ghana aims to improve on its impressive 41-medal count from the Accra 2023 edition. Ghana Armwrestling Federation (GAF) president Charles Osei-Asibey expressed immense satisfaction with the team's resilience and accomplishments.

"Considering what the team endured, I'll boldly say this is Ghana's best-performing national team. We are truly grateful to everyone who supported us," he said.

Looking forward to the 2027 African Games, Mr. Osei-Asibey called on all Ghanaians to continue their support for the armwrestling team.



# GHANA DOMINATES BADMINTON GRAND SLAM WITH 29 MEDALS

By Mutala Yakubu

Ghana made history at the 2025 Badminton Grand Slam Championships, securing a staggering 29 medals (12 gold, 7 silver, 10 bronze) across all categories, in Sub-Juniors, Juniors and Seniors, cementing its dominance as the tournament's top-performing nation.

The 21-day event, held at the cutting-edge Borteyman Sports Complex, showcased thrilling matches in the U-15, U-19, and senior divisions, drawing global attention to Ghana's rising badminton prowess.

The host nation's athletes delivered electrifying performances, topping the medal table with 12 gold medals—a testament to Ghana's growing influence in world badminton. The final day saw intense competition in mixed doubles, women's doubles, men's doubles, and women's singles, with Ghana adding two bronze medals in the women's doubles through the pairs, Ama Korama Adu & Rachael Quarcoo and Jessica Lomotey & Charity Naah.

While Ghana celebrated its historic haul, international stars also dazzled.

Indonesia dominated the mixed doubles (Bimo Prasetyo & Arlya Nabila Thesa Munggaran) and women's doubles (Isyana Syahira Meida & Rinjani Kwinara Nastine).

India and Kazakhstan shared men's doubles bronze, while Indonesia's Thalita Ramadhani Wiryawan claimed gold in women's singles.

President of the Ghana Badminton Federation, Evans Yeboah, praised the athletes and all stakeholders.

"This championship has been a milestone for Ghana. Our athletes' dedication has gained the necessary Olympic ranking points, thus ensuring qualification towards the 2026 Youth Olympic Games and 2028 Olympic Games. The seamless execution of the event reflects our federation's commitment to elevating badminton globally," he noted.

"The success of the Badminton Grand Slam- with 1 world qualifier and two Olympic Qualifiers, with 78 Countries in total attendance, sets a new standard for future tournaments- and Ghana as a preferred hosting nation with our model infrastructure legacy," Mr Yeboah stressed.

With this record-breaking performance, Ghana has firmly established itself as a badminton powerhouse, inspiring a new generation of players. The federation now turns its focus within its 2032 strategic plan to nurturing talent and hosting more world-class events.



**Olam**



Joselle Mensah

# JOSELLE SETS 2 RECORDS

## ...AT WORLD SWIMMING CHAMPIONSHIPS

By Haruna Mubarak

Ghana's Joselle Mensah has set a new national record with a time of 26.48 seconds in the 50m freestyle.

This feat was achieved at the 2025 World Aquatics Championships in Singapore.

The 21-year-old previously held the national record of 26.52 seconds, achieved at the 2023 African Games – a performance that secured her qualification for the 2024 Paris Olympics.

Despite breaking the record, Joselle's third-place finish in Heat 6 was not enough to earn a spot in the semi-finals.

She also set another national record in the women's 100m freestyle with a time of 58.98 seconds, winning her heat but once again falling short of semi-final qualification.

The 2025 Championships marked Joselle's debut in the competition, just 16 months after joining Team Ghana.

Elsewhere in the pool, Abeku Jackson, the team captain, missed out on the semi-finals in both his events.

He finished 8th in his 50m butterfly heat with a time of 24.49 seconds, and was disqualified in the 100m event due to the simultaneous tap rule which applies to the butterfly and breaststroke, requiring both hands to touch the wall at the same time at the turn or finish of the race.

Harry Stacey, who represented Ghana at the 2024 Paris Olympic Games and won a medal at the 2023 Africa Aquatics Championships, finished 8th in Heat 8 of the 50m free

style with 23.05 seconds, and placed 10th in Heat 7 of the 100m freestyle, clocking 51.43 seconds.

Nubia Adjei, the national record holder in the 100m backstroke, placed 3rd in Heat 4 of the 50m butterfly with a time of 28.82 seconds, and later finished 10th in Heat 3 of the 50m backstroke with 32.23 seconds.

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Nubia Adjei, the national record holder in the 100m backstroke, placed 3rd in Heat 4 of the 50m butterfly with a time of 28.82 seconds, and later finished 10th in Heat 3 of the 50m backstroke with 32.23 seconds.



Ghana's delegation at the World Swimming Championship

# GHANA WIN SILVER IN AIRBADMINTON CHAMPIONSHIP



Team Ghana receiving their trophy

Ghana's AirBadminton team has made the country proud by winning silver in the recently concluded Region 2 Air-Badminton Championship as host nation.

The tournament, which featured five West African countries including Ghana, Togo, Benin, Burkina Faso, and Ivory Coast, showcased the skills and talents of young players from the region.

Benin emerged as the overall champion, claiming the gold medal, while Ghana's silver medal finish was a notable achievement. Ivory Coast rounded out the podium with a bronze medal. The Region 2 AirBadminton Championship provided a platform for players to showcase their skills and compete against top-notch opponents from the region.

In a related development, Ghana also participated in the Africa AirBadminton Championships 2025, held at Laboma Beach in Accra, where they secured silver in the Mix Team Relay event. The championships saw Egypt and Mauritius dominate the competition, with both teams winning several gold medals and qualifying for the upcoming Air Badminton World Cup in the United Arab Emirates.

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# GOC PRESIDENT HAILS TEAM GHANA ....OVER AFRICAN SCHOOL GAMES SHOW

By Gabriel Obu

The Ghana Olympic Committee (GOC) president, Richard Akpokavie has commended Team Ghana's performance at the maiden African School Games in Algeria.

Despite the short notice and limited preparation time, Mr. Akpokavie expressed satisfaction with the team's achievement.

"I was happy about Ghana's performance in Algeria because the Games were impromptu, and there was no proper preparation towards it," he said.

"The athletes were even in school before we brought them into camp just for them to go to camp, so preparation was not at its best. I was happy with the performance and what we got."

Mr. Akpokavie noted that the GOC is already looking forward to the next edition of the Games, scheduled to take place in Abuja, Nigeria in 2027.

"The next one is in two years' time, so we have a plan, and we know how to plan well for that one," he said.

## Gold Medals

Badminton – Girls Doubles: Adu Moslena Ama Korama and Quarcoo Racheal

Badminton – Mixed Doubles: Adu-Mintah Obapomba and Adu Moslena Ama Korama

## Silver Medals

Badminton – Boys Doubles: Adu Melchizedek Takyi and Adu-Mintah Obapomba

Boxing – Boys Flyweight (50kg): Laryea William

Boxing – Boys Lightweight (60kg): Ablorh Abdul Rahman

"We will be more prepared, and we will prepare the athletes better, so we will see more medals in that Games."

The GOC president emphasized the importance of preparation in achieving success in sports. "Everything is about preparation," he said. "If you don't prepare, it means whatever you are doing, you're just doing it for the sake of it."

Mr. Akpokavie also highlighted the challenge of funding, stating that the GOC is working to secure funds to ease the pressure from the government.

"The only thing left is money, and we have already engaged the government and are trying to raise some funds to help ease the pressure from the government."

Ghana made a significant impact at the Games, winning an impressive 14 medals across six sporting disciplines. This remarkable achievement secured Ghana's 10th place on the medal table among 54 participating countries.

## Bronze Medals

Badminton – Boys Singles: Obapomba Adu-Mintah

Badminton – Team Relay Event

Table Tennis – Boys Singles: Mensah Michael Agyapong

Basketball 3x3

Boxing – Light Flyweight (48kg): Ofori Richardson

Taekwondo – Girls -55kg: Jessica Mensah

Athletics – Girls Triple Jump: Egyan Christiana

Athletics – Boys Medley Relay (Patrick Junior Gameli, - Blessing Konadu Junior, Tettey Philip Odjer & Nuhu Richford)

Athletics – Girls Medley Relay (Egyan Christiana, Ohenewa Leticia, Mensah Comfort, Sulemana Fulera)



Team Ghana in Algeria

# GFA, MTN SIGN \$2M AGREEMENT

By Richard Achore

Ghana football received a major boost on Thursday August 14, 2025, as the Ghana Football Association (GFA) and MTN Ghana officially unveiled a landmark two-year partnership worth \$2 Million.

The deal, aimed at supporting four of the nation's teams, is set to strengthen the foundations of the game and inspire the next generation of football stars.

The ceremony, held in Accra, drew an impressive line-up of dignitaries, including GFA President Kurt Okraku and MTN Ghana CEO Stephen Blewett, both of whom underscored the importance of the collaboration.

"This investment will not only enhance the performance of our national teams but also inspire young talents across the country," Blewett said, expressing MTN's pride in supporting the passion that unites millions of Ghanaians.

"Football connects us all, and we are proud to be part of this journey to take our teams to greater heights.

The sponsorship, which runs from September 1, 2025, to August 31, 2027, covers the senior men's team (Black Stars), senior women's team (Black Queens), the under-20 men's team (Black Satellites), and the under-17 men's team (Black Starlets).

Kurt Okraku, visibly moved by the gesture, shared the impact the partnership would have on player development.

"This investment ensures that our national teams—right from the Black Queens to the Satellites, will have the best preparations for major competitions," he said.

"The biggest challenge we've faced as an association has now been solved by MTN. Unless you've sat in this seat for even a day, you won't truly understand the struggles of nurturing talents like the Starlets into the John Paintsils and Fatau Daudas of tomorrow. It's not easy.



# OLYMPAFRICA PROJECT CTTEE SUBMITS INCEPTION REPORT



Nii Lante Bannerman

## A News Desk Report

A committee set up to examine the current state of the OlympAfrica Project at Amasaman and come up with recommendations has submitted its inception report to the Ghana Olympic Committee (GOC).

Among the recommendations contained in the inception report are an intervention by a corporate entity to develop and run the facility, and a build, operate and transfer (BOT) agreement with a private investor or developer.

Presenting the report to the GOC Board, chairman of the committee, Nii Lante Bannerman, said the GOC must evaluate its options based on their financial, operational and community implications.

The committee also recommended the development by GOC of a comprehensive business plan and project proposal based on the chosen option.

First vice president of the GOC, Mawuko Afadzina charged the committee to go back and work on specifics of the project, such as conducting a comprehensive assessment of the structure, technical and financial audits, stakeholder analysis, revenue models and resource mobilization among others.

Mr Afadzina said the expectation is that the final report of the committee will contain a well-defined inter-flat floor plan of the project, its measurements, arrangement of sections, from the car park through the office block, gymnasium, athletic oval, football field, cricket oval, a rugby field, table tennis, basketball, volleyball courts, ambulance and disabled persons' access.

President of the GOC, Richard Akpokavie warned the committee against planning a grandiose project at Amasaman, saying the whole idea of the OlympAfrica Project is to set up a basic facility for the community.

The committee members are Nii Lante Bannerman (Chairperson), Nathaniel Johnson, Edwin Amankwah, Delphina Quaye, Nana Adu Mankatta, Samuel Tetteh Ayer, Shaban Mohammed

## CHAMPION TASTE!



# NATALIE WEBER: GHANA'S FIRST FEMALE ROWER LOOKING TO MAKE AN IMPACT

Natalie Weber became Ghana's second representative, and first female rower at international level in Varese, while also making her own World Rowing Cup debut at the age of 23. Competing in the lightweight single sculls, she finished eighth overall in what she hopes is the start of a longer journey for her mother's country.

Previously, Weber has competed for Germany, winning silver in the lightweight women's quadruple sculls at the 2021 World Rowing Under 23 Championships and also competing in the lightweight women's single sculls at the 2023 World Rowing Under 23 Championships. She is the reigning German lightweight women's single sculls champion.

"Since 2020 I raced for Germany, because I grew up in Germany, I was born there," she explains. "But I am the daughter of a Ghanaian mother and a German father, so I had the citizenships of both countries since birth."



Kamal Sulley, president of Rowing and Natalie Weber



Weber was keen to keep competing on the international stage, but the cost of doing so as a lightweight for Germany was a barrier for her.

"So we asked the Ghanaian Rowing Federation if they are interested, if I could race for them, and if they could support me, and they were very excited and said of course," Weber adds.

"Before that we tried everything to find a sponsor who could help me race for Germany but there wasn't anyone who could help."

Although she has held Ghanaian citizenship for her whole life, Weber had to first apply for a Ghanaian passport before being allowed to row for Ghana. The process of switching allegiance was signed off only a few weeks before the World Rowing Cup, and Weber knew she would be able to compete in Varese on 2 June.



That meant rushing through the design and production of her unique unisuit to race in – but she made it to the start line on time.

Weber is determined to show the best for her mother's home country, and celebrate its warm, welcoming culture. "It's a great opportunity to show the other side of my culture. In day-to-day life with my friends, I speak German, everyone knows I'm born in Germany, and the Ghanaian culture isn't really shown in society with my clothing. Now I can show my heritage to the world and show that I'm not only German, but I'm also Ghanaian," she says.

"I have a big family in Ghana. I haven't the opportunity to visit much, but I grew up with the culture because my mother was born there. I have four uncles and aunts there who regularly travel to Germany, so I have the best of both worlds. I'm very glad that I can experience both.

"It's very friendly, outgoing, everyone is like your brother, your sister, your aunt, your uncle. When I went to Ghanaian church in Germany I really felt very welcomed by everyone. I went there with my mother every week and it was a really great experience."

Rowing is not a big sport in Ghana, but Weber hopes to put it on the map in the future. She knows that to achieve a goal of racing at the Los Angeles 2028 Olympic Games she

would need to be able to compete against openweight rowers – something several scullers have achieved – but she is taking things one step at a time.

"I would like to show that I'm here because of my performance and not that I wouldn't be able to race if I wasn't competing for Ghana," she says.

She was disappointed with her overall performance, but said the experience of stepping up to senior racing from under-23s had been overwhelming, admitting to feeling "baffled" on the start for the heats.

Werber with Ghana Rowing and Canoeing President, Kamal Sulley in Varese, Italy

However, the experience of switching nations has given Weber a sense of gratitude to those who have helped her. She has been training in Klagenfurt am Wörthersee with the German junior and under 23 squads, and she adds that the local club, RV-Albatros, have welcomed her with open arms.

"Even though I'm not even Austrian, in Klagenfurt they said they would also support me for further years, and if I wanted ever to race for them I could do it.

"Everywhere I go I receive so much kindness and so much support. I'm very glad I have these people around me," Weber concludes.

Source: Sportsinghana.com



# Meet Ghana's Next Great Olympian

...a News Desk Report

**Abena Koli** seeks to be the first Ghanaian Olympic Shooter.

Under the guidance of the Ghana Shooting Sports Federation (GSSF), led by Cillian Walsh and Ivor Greenstreet, she has started on a path that will bring her global glory.

The Olympic path is a grueling one but Abena has what it takes. The GSSF, on its part, is seeking to provide, with the right partners, the resources and support to achieve this for Ghana.

It is a journey but an incredibly exciting and fulfilling one for all those who wish to take up the challenge and be part of the success story.

## Background

Jesustha Abena Yirenkyiwa Koli was born December 25, 2007.

Height: 1.67m - Weight: 55kg - Trainer: Mercy Chodo

Father: Koli Appiah, a former Ghana National Shooter.

Discipline: 10m Air Pistol, which is an Olympic event.

She is scheduled to shoot at the Cairo World Cup (November 2025), the Cairo Junior World Cup (April 2026), the Sulh (Germany) Junior World Cup (June 2026) and the Cairo World Cup (October 2026).

What Ghana Shooting wants to achieve with Abena is adherence to the Olympic values of Excellence, Respect and Friendship, which will ultimately propel her to the Olympic Games, according to Cillian Walsh.

Shooting is a sport that demands commitment, concentration, discipline and endurance, he said, adding that Abena's combined traits of humility, confidence and intelligence is a recipe for greatness. Her father was Ghana's first male Commonwealth shooter and one of Africa's Top 5 shooters.

She grew up in a disciplined family environment in Burma Camp, which molded her into the successful shooter she is today.

The turning point for her was when she outshot seasoned shooters on her first outing at the age of 13. She amazed everyone by out-performing her senior shooters at the time.

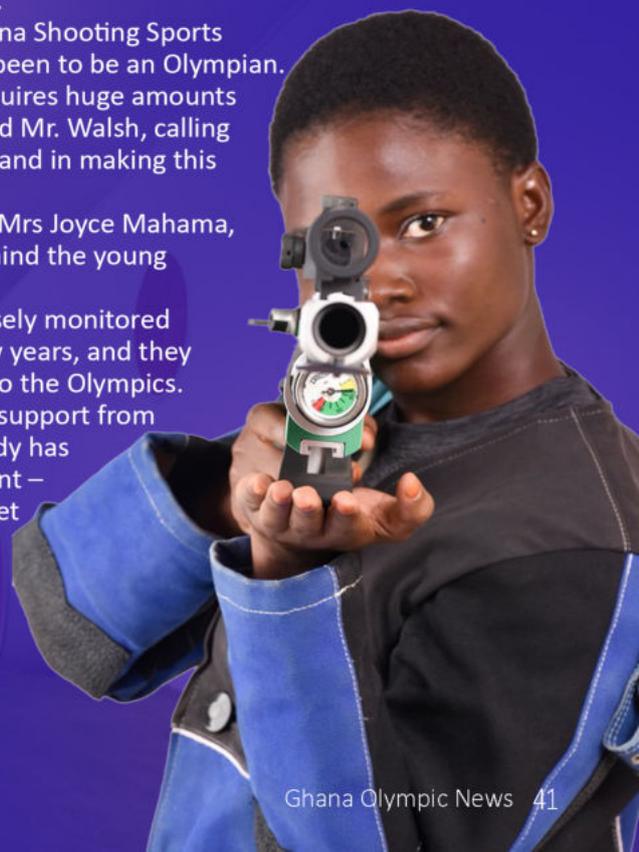
"Under the tutelage of the Ghana Shooting Sports Federation (GSSF) her aim has been to be an Olympian.

This road is long, costly and requires huge amounts of dedication and support," said Mr. Walsh, calling on corporate Ghana to lend a hand in making this dream a reality.

President of Women in Sports, Mrs Joyce Mahama, has also thrown her weight behind the young shooter's dream.

She said her federation has closely monitored Abena's progress in the last few years, and they are confident that she will get to the Olympics.

"It is only a matter of time and support from corporate Ghana. The young lady has everything – discipline and talent – and we are confident she will get Ghana there (Olympic Games) sooner than later," Mrs. Mahama noted.



# DEBBIE KING'S PROMOTIONS MEETS GOC

A News Desk Report

Dr. Deborah King, the daughter of legendary boxing promoter, Don King has met with the Ghana Olympic Committee (GOC) to discuss opportunities for Ghanaian boxers.

Welcoming Dr. King and her team, GOC president Richard Akpokavie said, "We are honoured to host and engage with such a distinguish team from the international boxing community."

He explained that boxing has always held a special place in Ghana's sporting culture, "and we believe that a collaboration with a world-class partner like Debbie King's Promotions will contribute immensely to the growth and visibility of the sport in our country."

On her part, Dr. King, CEO of Debbie King's Promotions, stressed,

"We are here to exchange ideas and explore opportunities that will be mutually beneficial to both parties."

She said Ghanaian boxers have immense talent, "but talent alone is not enough. They need a world-class promotion entity and a solid management team to bring in the titles. That is where we fit in."

She was accompanied to the meeting, held at the GOC Board Room, by a team of entrepreneurs including Kojo Hastings, Chairman and CEO of Genelec Infrastructure Development Services.

Also present at the meeting were Secretary General of GOC Mohammed Muniru Kassim, 3rd Vice President Ernest Danso and Assistant Treasurer Nii Lante Bannerman.



Debbie King (3rd left) and Kojo Hastings (2nd left) in a picture with GOC members after the meeting



# RELAY TEAM BREAKS NATIONAL RECORD AT THE WORLD ATHLETICS CHAMPIONSHIP IN TOKYO

Ghana's 4x100m relay team delivered a record-breaking performance at the World Athletics Championships in Tokyo, blazing to victory in Heat 2 with a new national best of 37.79 seconds to book a place in the final on September 20, 2025.

The quartet of Ibrahim Fuseini, Benjamin Azamati, Joseph Paul Amoah, and Rasheed Saminu stunned the field with a seamless display of speed and precision, lowering the previous national record of 38.07 seconds set at the 2022 Championships in Oregon, USA.

## From history-makers to finalists

Their feat in Tokyo eclipsed the mark set three years earlier by the team of Sean Safo-Antwi, Benjamin Azamati, Joseph Oduro Manu, and Joseph Paul Amoah, underlining Ghana's growing depth in sprinting talent.

In the final, the Ghanaians put up another bold display, crossing the line in fourth place behind the United States, Canada, and the Netherlands.

Despite narrowly missing out on a medal, Ghana's relay squad earned widespread praise for their historic run and consistency on the global stage.

Their fourth-place finish also came with a prize of \$16,000, adding to the significance of their achievement.



gettyimages  
Credit: Emilee Chinn

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Saminu roars after anchoring the team to finish first in the heats



gettyimages  
Credit: Christian Petersen

Azamati, Saminu, Jo-Paul and Fuseini pose for the cameras

# GOC INAUGURATES 10 COMMITTEES

By Gabriel Obu

The Ghana Olympic Committee (GOC) and Commonwealth Sports – Ghana, has officially inaugurated 10 committees to spearhead sports development, Olympic and Commonwealth Sport Movement in Ghana.

The committees made up of carefully selected members have a primary goal of promoting sports development especially in schools and at the grassroots level while empowering women and female athletes' participation in sports.

The committees include Legal, Marketing, Fundraising and Sponsorship, Olympic Education, Culture and School Sports, Games and Technical, and National Federations Relations.

The rest are Medical and Anti-Doping, Events and Programmes, Finance, Women in Sports, and Government Relations and Stakeholders Committee.

At a brief ceremony to swear-in the members of the committee, Vice President of the Ghana Olympic Committee (GOC), Mr. Mawuko Afadzina thanked the members for responding to the call to serve and urged them to be dedicated and remain focused in promoting the GOCs interest.

He acknowledged the demanding nature of the task ahead, and expressed confidence that the members appointed would demonstrate true leadership, resilience and collaboration throughout their tenure.

“So, I charge you today, Be bold. Challenge every outdated assumption. Ask “why not?” when you are told “this is how it’s done.

“Be accountable. Not just to the GOC Executive Board, but to the young girl in Wa running barefoot who dreams of Olympic gold. Her dream is your KPI. Be collaborative. Tear down the walls between your committees. Your shared enemy is mediocrity, not each other.

“Be relentless. You will face bureaucracy. You will face cynicism. You will face budget constraints. See them not as obstacles, but as opponents to be defeated on the way to the podium,” he noted.

He congratulated the members and added that “You are now at the forefront of shaping the future of the Olympic Movement and sports in Ghana.”

Chairman for Government Relations sub-committee, Hon. Kobby Woyomi, speaking on behalf of the general membership, indicated that they're happy to be associated and working with the Olympic Committee and that they will use their experience and network to influence sports development in Ghana.

Also present at the inauguration was Mr. Yaw Ampofo Ankra, Director General of the National Sports Authority.



Some committee members in a picture with National Sports Authority boss Yaw Ampofo Ankra, after the inauguration

# FULL LIST OF COMMITTEE MEMBERS

## **Legal Committee**

Mohammed Sahnoon  
Jerry Ahmed Shaib  
Eva Okyere  
Juliana Addo Yobo  
Prosper Harrison Addo

## **Marketing, Fundraising and Sponsorship Committee**

Mawuko Afadzinu  
Dr. Ben Asante  
Adelaide Abbiw  
Nathaniel Johnson  
Ken Ashigbey  
Mawuli Ocloo  
Cynthia Ofori

## **Olympic Education, Culture and School Sports Committee**

Bawah Fuseini  
Dr. Austin Luguterah  
Michael Ntow Ayeh  
Rafatu Inusah  
George Lamptey  
Cathrine Tukpe

## **Games and Technical Committee**

Frederick Lartey Otu  
Vivian Dougblor  
Richmond Quarcoo  
Prof. Sarpong  
Iddrisu Gamel Ayambire  
Shaban Mohammed

## **National Federations Relations Committee**

George Owusu Ansah  
Delphina Quaye  
George Tettey  
Philip Ameku  
Rafiq Mohammed Arthur

## **Government Relations and Stakeholders Committee**

Hon. Wisdom Kobina Woyome  
Bernard Mornah  
Aurora Commodore-Toppar  
Richmond Quarcoo  
Ali Shaib Tanko

## **Women in Sports Commission**

Mrs. Patience Baffoe-Bonnie  
Mrs. Joyce Mahama  
Madam Elizabeth King  
Helena Williams  
Christiana Ashley  
Delphina Quaye  
Rafatu Inusah  
Phillipina Frimpong  
Vivian Dougblor  
Cathrine Tukpe

## **Finance Committee**

Mawuko Afadzinu  
Evans Yeboah  
Edward Nii Lante Bannerman  
Ato Van-Ess  
Julie Asante  
Rodney Oddoye  
Robert Yeboah Amponsah

## **Events and Programmes Committee**

Kamal Sulley  
Samuel Ayer  
Isaac Abe Duah  
Rita Odei Asare  
Yaw Boakye Yiadom

## **Medical and Anti-doping Committee**

Dr. Julia Derban  
Dr. Akwesi Adomako  
Prof. Jonathan Quartey  
Paapa Kwesi Ampiah  
Prince Azanu  
Justine Sitsofe Dzadzetur  
Dr. Beatrice Dwumfour Williams  
Prince Addo  
Dr. Abena Yeboaa Tannor

Source : [www.ghanaolympic.org](http://www.ghanaolympic.org)



**NEWS**

**Ghanaian boxer, Ernest Akushey, popularly known as 'Bahubali' has passed away two weeks after a bout at the Bukom Boxing Arena.**

Source: Multiple reports

   [mygtvsports](#)

23.09.25



**NATIONAL  
SPORTS COLLEGE**  
WINNEBA



*National*  
**SPORT FOR ALL ASSOCIATION  
GHANA (NASFAAG)**  
IN COLLABORATION WITH NATIONAL  
SPORTS COLLEGE

*Presents*

**BASIC LEVEL PHYSICAL  
FITNESS INSTRUCTORS  
COURSE**

*Reporting*  
Time: 3pm, 5 Oct 25

**COURSE PACKAGE**

- ✔ Practicals
- ✔ Theory
- ✔ Examination
- ✔ Assessments

Registration Fee:  
• Basic: GHC 200.00

**FEE COVERS:**  
Accommodation  
and Feeding

Course Fees absorbed by the Ghana Olympic Committee- GOC for 30 participants across the regions.

**DATE**

**6TH - 9TH  
OCTOBER,  
2025**

**VENUE: WINNEBA SPORTS COLLEGE**

**FOR FURTHER INFORMATION CONTACT:**

**024 284 6634 - 024 451 8031**

GhanaOlympic Ghana Olympic Committee @GhanaOlympic

Ghana Olympic Committee Ghana Olympic Committee